

LADYBRIDGE FOOTBALL CLUB COVID-19 RISK ASSESSMENT



Summary Statement

Ladybridge Football Club has a duty of care to protect the safety and welfare of its players, parents, volunteers, coaches, visitors, officials and contractors at all times and we must ensure the implementation of safe and effective social distancing and hygiene measures in line with government advice to limit the potential for Covid-19 infection. If at any time Ladybridge Football Club believes such safety and welfare is potentially compromised, Ladybridge Football Club reserves the right to consider cancellation or amendment of any activity while measures are reviewed. All activities will be carried out in line with current government Covid-19 guidelines and are continually reviewed by the Ladybridge Football Club Covid - 19 Officer and the Ladybridge Football Club Committee. This risk assessment must be read in conjunction with all other activity and site-specific risk assessments. It also acknowledges issues that may arise when playing at venues other than that of Ladybridge Football Club.

This report should be followed in parallel to the guidance delivered by the FA. All stakeholders will need to be aware of this guidance also

<http://www.thefa.com/about-football-association/covid-19>

Project	Ladybridge Football Club Covid-19 Return to Football Risk Assessment
Date	October 2020

Risk/Hazard	Level of Risk	Who Might Be Harmed and How	Current Precautions/Measures	Potential Further Action
Player/Parents/Coaches/ Volunteers/Visitors on Site	Medium	Player/Parents/Coaches/ Volunteers/Visitors on Site (Cross Contamination)	<p>Parents/players MUST use the top car park. When full, the lower car park to be used.</p> <p>Members of the committee to park on lower car park next to club house?</p> <p>Parents/players all to maintain social distancing in the car park</p> <p>QR codes are displayed around the ground and it is advised that all visitors use these to log in to enable track and trace.</p>	<p>Communicate new procedures/arrangements to parents in writing by email</p> <p>If there is a match situation, the away team will be notified by our Covid-19 Officer of the key points from our RA</p>

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Player/Parents/Coaches/ Volunteers/Visitors on Site	Medium	Player/Parents/Coaches/ Volunteers/Visitors on Site (Cross Contamination)	<p>Coaches to continue that hand sanitising is being completed on arrival, during and after training/matches.</p> <p>During training and matches spectators are allowed pitch side if they stick to Government guidelines of 2 metres apart.</p> <p>We are only allowing <u>1 parent per child</u> and where possible no siblings. Any additional siblings <u>MUST</u> stay in the parent's vehicle. Face masks/coverings/shields are mandatory and <u>MUST BE WORN AT ALL TIMES</u>, whilst pitch side.</p> <p><u>PETS ARE NOT ALLOWED ON SITE</u></p> <p>The number of teams training at any one time will be reduced and start times to be staggered wherever possible.</p> <p>Bibs and cones, if requested, will be issued to a team for use throughout the season.</p> <p>Changing rooms and canteen area will remain closed until further guidelines are issued</p>	<p>Coach must visibly see that the players have hand sanitised before they train or play. If the player ignores then they cannot take part</p> <p>If siblings are brought then it is the responsibility of the parent to stay in your vehicle with the sibling You may be asked to leave the site if you bring a pet</p> <p>Parents to be notified via WhatsApp/Text group chat by the Coach</p>

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Player/Parents/Coaches/ Volunteers/Visitors on Site	Medium	Player/Parents/Coaches/ Volunteers/Visitors on Site (Cross Contamination)	<p>Players need to bring their own drinks bottle and medication. These should not be shared with any other player/coach/visitor/volunteer. Making sure that the players initial is on the bottle will stop cross contamination</p> <p>All contractors visiting the premises will be following social distancing measures should avoid the risk of any close contact.</p> <p>Please remember no car sharing with anyone outside your household/bubble</p> <p>Your child must arrive changed and ready to exercise.</p> <p>Players to arrive 5/10 minutes before the session starts and depart promptly when it finishes.</p> <p>If a coach cannot attend and has not informed the group, the club reserve the right to cancel that session on the night.</p>	<p>Coach can ask the player to leave the drink/medication with their parent/guardian or in their car if there is a concern of cross contamination.</p> <p>If visitor numbers increase continue to monitor.</p>

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Player/Parents/Coaches/Volunteers/Visitors on Site	Medium	Player/Parents/Coaches/Volunteers/Visitors on Site (Cross Contamination)	<p>The session will be with a <u>maximum of 15</u> players and 1 coach</p> <p>All parents/guardians <u>MUST</u> ALWAYS be on site</p> <p><u>NO</u> handling or moving the clubs' equipment this is to include cones and goals. If the coaches need to move the goals, then they <u>MUST</u> use disposable gloves or use gel before and after moving the equipment.</p> <p>If you are using your <u>own</u> equipment, you <u>MUST ensure these have been disinfected prior</u> to bringing them on site</p> <p>Please prepare your session <u>in advance</u> to ensure the session can start promptly</p>	<p>N/A</p> <p>N/A</p> <p>N/A</p> <p>N/A</p> <p>N/A</p>
Toilets	High	Player/Parents/Coaches/Volunteers/Visitors on Site (Cross Contamination)	<p><u>The Clubhouse, changing rooms and toilets will be CLOSED.</u></p> <p>All parents/children must go to the toilet prior to attending training/matches.</p>	

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Toilets (continued)	High	Player/Parents/Coaches/ Volunteers/Visitors on Site (Cross Contamination)	Cleaning Products - cleaning products and hand sanitizer should be available upon entry to the clubhouse to be by the Committee and workman. Should it be a pleasant day then this sanitation station should be located outside the clubhouse. A sign should encourage to use hand sanitizer before and after they have been into the clubhouse.	Sanitation monitor required should people not follow guidance. This will be a last resort should parties not follow the signage.
Droplets or virus being live on equipment and surfaces (high touch area)	High	Player/Parents/Coaches/ Volunteers/Visitors on Site (Cross Contamination)	All equipment used will be cleaned/disinfected daily. The club house will be cleaned/disinfected daily Doors kept open where possible to avoid cross contamination and aid ventilation.	Produce a daily cleaning checklist for equipment. Produce a daily cleaning checklist for the clubhouse
First Aid/Emergency Aid	High	Players/Parents/Coaches/ Volunteers/Visitors - Training Injury/Accident (Cross Contamination)	First Aid Kit – regularly check your First Aid Kit and replenish when necessary. First Aiders (Coaches & volunteers) aware of Covid-19 symptoms	The club should ensure they have a list of all qualified FA first aiders at the club and highlight any teams that do not have a designated First Aider.

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First Aid/Emergency Aid (Continued)	High	Players/Parents/Coaches/ Volunteers/Visitors - Training Injury/Accident (Cross Contamination)	<p>Must be a Qualified First Aider on site.</p> <p>Coaches to have hand sanitizer available for use before and after administering first aid.</p> <p>Advising first aiders to try and maintain social distancing where treatment allows this and to minimise time spent in breathing zone and where not possible to social distance to mitigate risk by wearing of face mask or visor.</p> <p>First Aiders to wear gloves when dealing with open wound and not to touch any part of dressing that will encounter a wound.</p> <p>If the casualty is capable ask them to do things, i.e. putting on plaster themselves or administering ice pack.</p> <p>First aider to clean area and surface after treatment if applicable. Keep accurate first aid records.</p> <p>Parent/Guardian to administer First Aid regarding minor injuries to their own child.</p>	

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<p>Identification of potential infection: Cough Fever Shortness of breath Sore throat</p>	<p>High</p>	<p>Coach, volunteer, children, and parents (Person concerned may be infected and risk of spreading infection to others)</p>	<p>If it is a coach, volunteer, or parent they will be asked to leave immediately using social distancing and asked to obtain a test immediately.</p> <p>If a child, they will be taken to the parent and told to seek a test as soon as possible and inform designated person of results.</p> <p>PPE to be used by any first aider required to assist child.</p> <p>Any equipment used by person suspected to be infected to be cleaned immediately.</p> <p>Anyone who has been in same group or been into contact with person suspected of infection will be asked to wash hands for 20 seconds straight away.</p> <p>Parent, player, or coach or volunteer are advised to self-isolate for 14 days & arrange to be tested by contacting NHS UK online or calling NHS 119.</p>	<p>Communicate procedures to parents prior to reopening in writing – by email.</p>

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Identification of potential infection: Cough Fever Shortness of breath Sore throat (Continued)	High	Coach, volunteer, children, and parents (Person concerned may be infected and risk of spreading infection to others)	No participation by any child, coach or volunteer should any family member in the same household be self-isolating.	
Leaving the Ground	Low	Players/Parents/Coaches/Volunteers/Visitors (Cross Contamination)	Children/players/coaches will sanitise before they leave. After the session, the children can return to their parents' cars. If the parent is not present, then the child will be supervised until they are collected Parents and players will be asked not to linger at the ground. Players should simply leave after sanitising.	Communicate new procedures to parents prior to reopening. If this happens more than once, then the player will not be able to attend
Returning from a Category 1 Country	High	Players/Parents/Coaches/Volunteers/Visitors (Cross Contamination)	Category 1 Countries – Travellers should go home or to their destination and self-isolate in accordance with government guidance even if they are asymptomatic and use the online corona virus service to find out what to do next.	Advise Coaches, volunteers, and parents that anyone returning from a Category 1 country should not be allowed to train or play until self-isolation is completed in accordance with the government's guidance

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Returning from a Category 1 Country (Continued)	High	Players/Parents/Coaches/ Volunteers/Visitors (Cross Contamination)	Category 2 Countries – Travellers do not need to undertake special measures but if they develop symptoms, they should self-isolate and call NHS 111	
During Football Activity	Medium	Players/Parents/Coaches/ Volunteers/Visitors (Cross Contamination)	Social distancing should be observed before, during breaks and after training and matches <ul style="list-style-type: none"> - No Pre-Match handshakes are allowed - No Pre-Match team talk huddles - Goal Celebrations should be avoided - Players and coaches should avoid shouting and spitting 	Coaches should remind children before every training session and matches <u>Coaches must ensure children observe 2 metre distances at all breaks</u>
General	Low	Players/Parents/Coaches/ Volunteers/Visitors	All parent/players, coaches, volunteers should give written consent to acknowledge that they are happy to train and to play recreational football at their own risk. This should then be stored following correct GDPR guidelines. Failure to adhere to these guidelines <i>WILL</i> result in the club asking you to leave the premises to ensure a safe environment for the rest of the sessions taking place	Coaches to send the Risk Assessment out to Parents via WhatsApp/email/text Each coach to obtain consent from their own team members.

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Face Masks	High	Players/Parents/Coaches/ Volunteers/Visitors (Cross Contamination)	Face masks/coverings/shields are mandatory and <u>MUST BE WORN AT ALL TIMES</u> , whilst pitch side.	
During Football Activity- <u>Adult Football</u>	High	Players/Coaches/ Volunteers/Visitors (Cross Contamination)	All external adult matches <u>MUST BE PLAYED BEHIND CLOSED DOORS</u> . Only Team Officials, Players and Match Officials are to be onsite.	
During Football Activity- <u>Adult Football</u>	High	Players/Parents/Coaches/ Volunteers/Visitors	If a team has a player that is under the age of 18, then this player will be allowed to have 1 adult present.	

Conclusion:

This report accepts that it is not conclusive but forms the basis of a detailed risk assessment based on best practise in an ever-changing environment regarding Covid -19. Guidance from the FA, GOV.UK and NHS has been considered when completing the risk assessment for football activity at Ladybridge Football Club only. Common sense must still prevail, but the club has an obligation to ensure that every person on this premises is safe. We must be careful with how many visitors we allow onto the premises. There is no exact science and I acknowledge that there are so many elements and variables out of our control. But these somewhat draconian and maybe overzealous measures are in place to help reduce the potential risk of contamination within the club to our key stakeholders. We have a duty and an obligation and whilst acknowledging some of the procedures are stringent, they are suggested without hesitation as nothing comes before the safety and wellbeing of everyone connected to Ladybridge Football Club. This disease is still a risk and we must treat it with the upmost caution. If we do not, we are endangering lives. **Failure to adhere to these guidelines WILL result in the club asking you to leave the premises to ensure a safe environment for the rest of the sessions taking place**

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